

**EFHA x BrownSk8s**

# TEACHERS CONVENTION CLINIC

Players will refine their skating abilities to build speed and confidence, mastering the skills needed to escape defenders, protect the net, block opponents, and keep the puck out of their zone.

## CLINIC PLAN

### Day 1: Scoring Goals and Offensive Skating

- Mastering puck protection while skating
- Explosive starts to break away from defenders
- Using agility to outmaneuver opponents

### Day 2: Preventing Goals and Defensive Skating

- Skating backward with balance and control
- Positioning to block opponents and shut down scoring chances
- Speed and precision for effective defensive play

## DATES & TIMES

**Thursday, February 27th**  
10:00-11:00am Terwillegar C

**Friday, February 28th**  
10:00-11:00am Terwillegar D

**MAXIMUM 16 SKATERS**

\$100 investment

## REGISTRATION

[femalehockeyalliance.ca/  
events](http://femalehockeyalliance.ca/events)



10 - 11 AM

**FEB**

27TH & 28TH

**TERWILLEGAR  
REC CENTRE**

**LEARN TO SCORE GOALS  
AND PREVENT GOALS**